

**Mondays to Fridays** except public holidays

- Hoveton** Littlewoods Lane
- Wroxham** Roys
- Atlantic Avenue** Overstrand Way
- Sprowston Park & Ride**
- Sprowston** Tesco
- Wroxham Road** Police Station
- City Centre** Anglia Square
- City Centre** Castle Meadow
- City Centre** St Stephens Street
- Newmarket Road** Eaton Road
- Cringleford** Keswick Road
- Cringleford Bus Interchange**
- Norfolk & Norwich Hospital**
- Hethersett** Coachmaker Way
- Hethersett** West Croft /Park Drive

11A	11A	11A	11A	11	11A	11A	12	11	11A	12	11	11A	11	11	11A	12	11	11A	12	11	11A	12
							0657			0727						0836			0903			0933
							0700			0730						0839			0912			0942
0512	0542	0612	0627	0637	0649	0701	▼	0721	0731	▼	0751	0801	0811	0821	0835	▼	0902	0912	▼	0932	0942	▼
0515	0545	0615	0630	0640	0652	0705	0715	0725	0735	0745	0755	0805	0815	0825	0839	0854	0906	0916	0926	0936	0946	0956
0518	0548	0618	0633	0643	0655	0709	0719	0729	0739	0749	0759	0809	0819	0829	0843	0858	0910	0920	0930	0940	0950	1000
0522	0552	0622	0637	0648	0700	0714	0724	0734	0744	0754	0804	0814	0824	0834	0848	0903	0915	0925	0935	0945	0955	1005
0533	0603	0633	0648	0702	0714	0729	0739	0749	0759	0809	0819	0833	0843	0853	0907	0919	0929	0939	0949	0959	1009	1019
0540	0610	0640	0655	0711	0723	0738	0748	0758	0808	0818	0828	0843	0853	0903	0917	0927	0937	0947	0957	1007	1017	1027
0543	0613	0643	0658	0714	0726	0741	0751	0801	0811	0821	0831	0846	0856	0906	0920	0930	0940	0950	1000	1010	1020	1030
0547	0617	0647	0702	0720	0732	0747	0756	0807	0817	0826	0837	0850	0900	0910	0924	0934	0944	0954	1004	1014	1024	1034
0553	0623	0653	0708	▼	0740	0755	▼	▼	0825	▼	▼	0856	▼	▼	0930	▼	▼	1000	▼	▼	1030	▼
0556	0626	0656	0711	0729	0743	0758	0806	0816	0828	0836	0846	0859	0906	0916	0933	0940	0950	1003	1010	1020	1033	1040
0605	0635	0705	0720	0736	0753	0808	0816	0826	0838	0846	0856	0907	0914	0924	0941	0948	0958	1011	1018	1028	1041	1048
	0640	0710		0741				0831			0901			0929			1003			1033		
	0650	0720		0800				0841			0911			0938			1012			1042		

ends at Wymondham Cross at the time shown

- Hoveton** Littlewoods Lane
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- Cringleford Bus Interchange**
- Norfolk & Norwich Hospital**
- Hethersett** Coachmaker Way
- Hethersett** West Croft /Park Drive

11	11A	12	11	11A	12	11A	12	11	11A	12	11	11A	12	11	11A	12	11	11A	12	11	11A	12		
		03			33			1403			1433			1503			1533			1603			1650	
		12			42			1412			1442			1512			1547			1627			1702	
02	12	▼	32	42	▼			1412	▼	1432	1442	▼	1502	1512	▼	1532	1542	▼	1612	1627	▼	1647	1702	▼
06	16	26	36	46	56			1416	1426	1436	1446	1456	1506	1516	1526	1536	1546	1601	1616	1631	1641	1651	1706	1716
10	20	30	40	50	00			1420	1430	1440	1450	1500	1510	1520	1530	1540	1550	1605	1620	1635	1645	1655	1710	1720
15	25	35	45	55	05			1425	1435	1445	1455	1505	1515	1525	1535	1545	1555	1610	1625	1640	1650	1700	1715	1725
29	39	49	59	09	19			1439	1449	1459	1509	1519	1529	1539	1549	1559	1609	1624	1639	1654	1704	1714	1729	1739
37	47	57	07	17	27			1447	1457	1507	1517	1527	1537	1547	1557	1607	1617	1632	1647	1702	1712	1722	1737	1747
40	50	00	10	20	30			1450	1500	1510	1520	1530	1540	1550	1600	1610	1620	1635	1650	1705	1715	1725	1740	1750
44	54	04	14	24	34			1456	1505	1516	1526	1535	1546	1556	1605	1616	1626	1640	1654	1710	1719	1729	1745	1754
▼	00	▼	▼	30	▼			1505	▼	▼	1535	▼	▼	1605	▼	▼	1635	▼	▼	1717	▼	▼	1752	▼
50	03	10	20	33	40			1508	1515	1525	1538	1545	1555	1608	1615	1625	1638	1650	1701	1720	1726	1736	1755	1801
58	11	18	28	41	48			1516	1523	1533	1548	1555	1603	1618	1625	1633	1648	1700	1709	1730	1736	1744	1805	1811
03		33								1538				1608			1638			1715			1750	
12		42								1549				1619			1649			1725			1809	

ends at Wymondham Cross at the time shown

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- Cringleford Bus Interchange**
- Norfolk & Norwich Hospital**
- Hethersett** Coachmaker Way
- Hethersett** West Croft /Park Drive

11	11A	12	11A	11A	11A	11A	11A	11A	11A
1722	1732	▼	1752	1817	1847	1927	2033	2133	2233
1726	1736	1746	1756	1821	1851	1931	▼	▼	▼
1730	1740	1750	1800	1825	1855	1935	2035	2135	2235
1735	1745	1755	1805	1829	1859	1939	2039	2139	2239
1749	1759	1809	1819	1840	1910	1948	2048	2148	2248
1757	1807	1817	1827	1847	1917	1954	2054	2154	2254
1800	1810	1820	1830	1850	1920	1957	2057	2157	2257
1804	1815	1824	1835	1853	1923	2000	2100	2200	2300
▼	1822	▼	1842	1858	1928	2005	2105	2205	2305
1811	1825	1831	1845	1901	1931	2008	2108	2208	2308
1819	1835	1841	1855	1909	1939	2015	2115	2215	2315
1825				1913		2020	2120	2220	2320
1835				1932		2026	2126	2226	2326

ends at Wymondham Cross at the time shown

bus times valid from  
30 March 2025

Saturdays

- Hoveton Littlewoods Lane
- Wroxham Roys
- Atlantic Avenue Overstrand Way
- Sprowston Park & Ride
- Sprowston Tesco
- Wroxham Road Police Station
- City Centre Anglia Square
- City Centre Castle Meadow
- City Centre St Stephens Street
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- Cringleford Bus Interchange
- Norfolk & Norwich Hospital
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- Hethersett West Croft /Park Drive

11A	11A	11A	11A	11A	11A	12	11A	12	11A	12	11	11A	12	11	11A	12	11	11A	12	11	11A	12
						0739		0809		0839			0909			0939			1004			1033
						0742		0812		0842			0912			0942			1012			1042
0515	0545	0615	0645	0707	0737	▼	0807	▼	0837	▼	0902	0912	▼	0932	0942	▼	1002	1012	▼	1032	1042	▼
0518	0548	0618	0648	0711	0741	0756	0811	0826	0841	0856	0906	0916	0926	0936	0946	0956	1006	1016	1026	1036	1046	1056
0521	0551	0621	0651	0715	0745	0800	0815	0830	0845	0900	0910	0920	0930	0940	0950	1000	1010	1020	1030	1040	1050	1100
0525	0555	0625	0655	0720	0750	0805	0820	0835	0850	0905	0915	0925	0935	0945	0955	1005	1015	1025	1035	1045	1055	1105
0536	0604	0632	0700	0734	0804	0819	0834	0849	0904	0919	0934	0939	0949	0959	1009	1019	1029	1039	1049	1059	1109	1119
0543	0613	0643	0713	0742	0812	0827	0842	0857	0912	0927	0942	0947	0957	1007	1017	1027	1037	1047	1057	1107	1117	1127
0546	0616	0646	0716	0745	0815	0830	0845	0900	0915	0930	0945	0950	1000	1010	1020	1030	1040	1050	1100	1110	1120	1130
0550	0620	0650	0720	0749	0819	0834	0849	0904	0919	0935	0949	0954	1004	1014	1024	1034	1044	1054	1104	1114	1124	1134
0556	0626	0656	0726	0755	0825	▼	0855	▼	0925	▼	▼	1000	▼	▼	1030	▼	▼	1100	▼	▼	1130	▼
0559	0629	0659	0729	0758	0828	0840	0858	0910	0928	0943	0955	1003	1010	1020	1033	1040	1050	1103	1110	1120	1133	1140
0607	0637	0707	0737	0806	0836	0848	0906	0918	0936	0951	1003	1011	1018	1028	1041	1048	1058	1111	1118	1128	1141	1148
						0642	0712	0742	0811	0841		0911	0941		1008		1033		1103			1133
						0651	0721	0751	0820	0850		0920	0950		1017		1042		1112			1142

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- Hethersett West Croft /Park Drive

11	11A	12	11	11A	12	11	11A	12	11	11A	12	11A	12	11A	12	11A	11A	11A	11A	11A	11A
		03			33			1605			1635			1705			1735				
		12			42			1612			1647			1717			1747				
02	12	▼	32	42	▼	1602	1612	▼	1632	1642	▼	1707	▼	1737	▼	1817	1847	1927	2033	2133	2233
06	16	26	36	46	56	1606	1616	1626	1636	1646	1701	1711	1731	1741	1801	1821	1851	1931	▼	▼	▼
10	20	30	40	50	00	1610	1620	1630	1640	1650	1705	1715	1735	1745	1805	1825	1855	1935	2035	2135	2235
15	25	35	45	55	05	1615	1625	1635	1645	1655	1710	1720	1740	1750	1810	1829	1859	1939	2039	2139	2239
29	39	49	59	09	19	1629	1639	1649	1659	1709	1724	1734	1754	1804	1824	1840	1910	1948	2048	2148	2248
37	47	57	07	17	27	1637	1647	1657	1707	1717	1732	1742	1802	1812	1832	1847	1917	1954	2054	2154	2254
40	50	00	10	20	30	1640	1650	1700	1710	1720	1735	1745	1805	1815	1835	1850	1920	1957	2057	2157	2257
44	54	04	14	24	34	1644	1654	1704	1714	1724	1739	1749	1809	1819	1839	1853	1923	2000	2100	2200	2300
▼	00	▼	▼	30	▼	▼	1700		1730		1755		1825		1858	1928	2005	2105	2205	2305	
50	03	10	20	33	40	1650	1703	1710	1720	1733	1745	1758	1815	1828	1845	1901	1931	2008	2108	2208	2308
58	11	18	28	41	48	1658	1711	1718	1728	1741	1753	1806	1823	1836	1853	1909	1939	2015	2115	2215	2315
03			33			1703			1733			1811		1841		1913		2020	2120	2220	2320
12			42			1712			1742			1820		1850		1932		2026	2126	2226	2326

ends at Wymondham Cross at the time shown

Sundays and public holidays

- Atlantic Avenue Overstrand Way
- Sprowston Park & Ride
- Sprowston Tesco
- Wroxham Road Police Station
- City Centre Anglia Square
- City Centre Castle Meadow
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11A	11A	11A	11A	11A	11A	11A	11A	11A	11A	11A	11A	11A	11A	11A	11A	11A	11A	11A	11A	11A	11A
0635	0812	0842	0912	0942		12	42			1712	1742	1812	1933	2033	2133						
▼	0816	0846	0916	0946		16	46			1716	1746	1816	▼	▼	▼						
0640	0820	0850	0920	0950		20	50			1720	1750	1820	1935	2035	2135						
0644	0825	0855	0925	0955		25	55			1725	1755	1825	1939	2039	2139						
0653	0839	0909	0939	1009		39	09			1739	1809	1839	1948	2048	2148						
0658	0845	0915	0945	1015		45	15			1745	1815	1844	1954	2054	2154						
0701	0848	0918	0948	1018		48	18			1748	1818	1847	1957	2057	2157						
0705	0853	0923	0953	1023		53	23			1753	1823	1851	2000	2100	2200						
0711	0901	0931	1001	1031		01	31			1801	1831	1856	2005	2105	2205						
0712	0902	0932	1002	1032		02	32			1802	1832	1857	2008	2108	2208						
0717	0908	0938	1008	1038		08	38			1808	1838	1902	2015	2115	2215						
0722	0914	0944	1014	1044		14	44			1814	1843	1907	2020	2120	2220						
0727	0920	0950	1020	1050		20	50			1820	1849	1913	2026	2126	2226						

bus times valid from 30 March 2025

**Mondays to Fridays** except public holidays

	11A	11A	11A	11A	11A	12	11	11A	12	11	11A	12	11	11A	12	11	11A	12	11	11A	12	11	11A	
<b>Hethersett</b> West Croft/Park Drive			0651		0721		0751						0851		0921				0951				1021	
<b>Wymondham</b> Cross	0610		▼		▼		▼		0810				▼		▼				▼				▼	
<b>Hethersett</b> Mill Road/West Croft	0622	0652		0722		0753			0823				0853		0923				0953				1023	
<b>Hethersett</b> Coachmaker Way	0629	0659		0729		0800			0830				0858		0928				0958				1028	
<b>Norfolk &amp; Norwich Hospital</b>	0610	0640	0710	0725	0740	0758	0808	0815	0828	0838	0845	0858	0908	0916	0928	0938	0946	0958	1008	1016	1028	1038	1046	
<b>Cringleford Bus Interchange</b>	0616	0646	0716	0731	0746	0805	0815	0822	0835	0845	0852	0904	0914	0922	0934	0944	0952	1004	1014	1022	1034	1044	1052	
<b>Cringleford</b> Church	0618	0648	0718	0733	0748	▼	▼	0824	▼	▼	0854	▼	▼	0924	▼	▼	0954	▼	▼	1024	▼	▼	1054	
<b>Newmarket Road</b> Eaton Road	0625	0655	0726	0741	0756	0814	0824	0833	0844	0854	0903	0912	0922	0931	0942	0952	1001	1012	1022	1031	1042	1052	1101	
<b>City Centre</b> St Stephens Street	0630	0700	0732	0747	0802	0819	0829	0839	0849	0859	0909	0916	0926	0936	0946	0956	1006	1016	1026	1036	1046	1056	1106	
<b>City Centre</b> Castle Meadow	0635	0705	0737	0752	0807	0825	0835	0845	0855	0905	0915	0921	0931	0941	0951	1001	1011	1021	1031	1041	1051	1101	1111	
<b>City Centre</b> Anglia Square	0639	0709	0741	0756	0811	0829	0839	0849	0859	0909	0919	0925	0935	0945	0955	1005	1015	1025	1035	1045	1055	1105	1115	
<b>Wroxham Road</b> Police Station	0646	0716	0751	0806	0821	0838	0848	0858	0908	0918	0928	0934	0944	0954	1004	1014	1024	1034	1044	1054	1104	1114	1124	
<b>Sprowston</b> Tesco	0651	0721	0756	0811	0826	0844	0854	0904	0914	0924	0934	0940	0950	1000	1010	1020	1030	1040	1050	1100	1110	1120	1130	
<b>Sprowston Park &amp; Ride</b>	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	0944	0954	1004	1014	1024	1034	1044	1054	1104	1114	1124	1134
<b>Atlantic Avenue</b> Overstrand Way	0656	0726	0802	0817	0832	▼	0900	0910	▼	0930	0940	▼	1000	1010	▼	1030	1040	▼	1100	1110	▼	1130	1140	
<b>Wroxham</b> Roys							0858		0928			0958		1028			1058				1128			
<b>Hoveton</b> Littlewoods Lane							0901		0931			1001		1031			1101				1131			

	12	11	11A	12	11	11A	12	11	11A	12	11	11A	12	11	11A	12	11	11A	12	11	11A	12	11	
<b>Hethersett</b> West Croft/Park Drive			51		21			1351		1421			1451		1526				1601				1631	
<b>Wymondham</b> Cross			▼		▼		▼		▼			▼		▼				▼			▼		▼	
<b>Hethersett</b> Mill Road/West Croft			53		23			1353		1423			1453		1528				1603				1633	
<b>Hethersett</b> Coachmaker Way			58		28			1358		1428			1458		1533				1608				1638	
<b>Norfolk &amp; Norwich Hospital</b>	1058		08	16	28	38	46	58																
<b>Cringleford Bus Interchange</b>	1104		14	22	34	44	52	04																
<b>Cringleford</b> Church	▼		▼	24	▼	▼	54	▼																
<b>Newmarket Road</b> Eaton Road	1112		22	31	42	52	01	12																
<b>City Centre</b> St Stephens Street	1116		26	36	46	56	06	16																
<b>City Centre</b> Castle Meadow	1121		31	41	51	01	11	21																
<b>City Centre</b> Anglia Square	1125		35	45	55	05	15	25																
<b>Wroxham Road</b> Police Station	1134		44	54	04	14	24	34																
<b>Sprowston</b> Tesco	1140		50	00	10	20	30	40																
<b>Sprowston Park &amp; Ride</b>	1144		54	04	14	24	34	44																
<b>Atlantic Avenue</b> Overstrand Way	▼		00	10	▼	30	40	▼																
<b>Wroxham</b> Roys	1158						58																	
<b>Hoveton</b> Littlewoods Lane	1201				31		01																	

	11A	12	11	11A	12	11	12	11A	11A	11A	11A	11A	11A	11A
<b>Hethersett</b> West Croft/Park Drive			1706		1741			1900				2030	2130	2230
<b>Wymondham</b> Cross			▼		▼			1818	▼			1948	▼	▼
<b>Hethersett</b> Mill Road/West Croft			1708		1743			1832	1902			2001	2031	2131
<b>Hethersett</b> Coachmaker Way			1713		1748			1837	1907			2006	2036	2136
<b>Norfolk &amp; Norwich Hospital</b>	1700	1712	1724	1736	1748	1800	1814	1826	1846	1916	1945	2015	2045	2145
<b>Cringleford Bus Interchange</b>	1706	1719	1730	1742	1755	1806	1820	1832	1852	1922	1951	2021	2051	2151
<b>Cringleford</b> Church	1708	▼	▼	1744	▼	▼	▼	1834	1854	1924	1953	2023	2053	2153
<b>Newmarket Road</b> Eaton Road	1716	1728	1740	1752	1804	1816	1829	1841	1901	1931	1958	2028	2058	2158
<b>City Centre</b> St Stephens Street	1722	1734	1746	1758	1810	1822	1834	1846	1906	1936	2002	2032	2102	2202
<b>City Centre</b> Castle Meadow	1728	1740	1752	1804	1816	1828	1840	1852	1911	1941	2007	2037	2107	2207
<b>City Centre</b> Anglia Square	1733	1745	1757	1809	1821	1833	1845	1857	1915	1945	2011	2041	2111	2211
<b>Wroxham Road</b> Police Station	1745	1757	1809	1821	1833	1843	1855	1907	1922	1952	2018	2048	2118	2218
<b>Sprowston</b> Tesco	1751	1803	1815	1827	1839	1848	1900	1912	1927	1957	2023	2053	2123	2223
<b>Sprowston Park &amp; Ride</b>	1755	1807	1819	1831	1843	1852	1904	1915	1931	2001	2026	2056	2126	2226
<b>Atlantic Avenue</b> Overstrand Way	1801	▼	1825	1837	▼	1858	▼	1920	1936	2006	2031	2101	2131	2231
<b>Wroxham</b> Roys			1819		1855		1916							
<b>Hoveton</b> Littlewoods Lane			1821		1857		1919							

 bus times valid from  
**30 March 2025**

**Saturdays**

**Hethersett** West Croft/Park Drive  
**Wymondham** Cross  
**Hethersett** Mill Road/West Croft  
**Hethersett** Coachmaker Way  
**Norfolk & Norwich Hospital**  
**Cringleford Bus Interchange**  
**Cringleford** Church  
**Newmarket Road** Eaton Road  
**City Centre** St Stephens Street  
**City Centre** Castle Meadow  
**City Centre** Anglia Square  
**Wroxham Road** Police Station  
**Sprowston** Tesco  
**Sprowston Park & Ride**  
**Atlantic Avenue** Overstrand Way  
**Wroxham** Roys  
**Hoveton** Littlewoods Lane

<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>12</b>	<b>11A</b>	<b>12</b>	<b>11</b>	<b>11A</b>	<b>12</b>	<b>11</b>	<b>11A</b>	<b>12</b>	<b>11</b>	<b>11A</b>	<b>12</b>	<b>11</b>	<b>11A</b>	<b>12</b>	<b>11</b>	<b>11A</b>	
	0658	0728	0758	0828		0855		0921		0951		1021		1051		1121							
	0618	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼
	0630	0700	0730	0800	0830	0857		0923		0953		1023		1053		1123							
	0635	0705	0735	0805	0835	0902		0928		0958		1028		1058		1128							
0615	0645	0715	0745	0815	0845	0858	0911	0928	0938	0946	0958	1008	1016	1028	1038	1046	1058	1108	1116	1128	1138	1146	
0621	0651	0721	0751	0821	0851	0905	0917	0934	0944	0952	1004	1014	1022	1034	1044	1052	1104	1114	1122	1134	1144	1152	
0623	0653	0723	0753	0823	0853	▼	0919	▼	▼	0954	▼	▼	1024	▼	▼	1054	▼	▼	1124	▼	▼	1154	
0630	0700	0730	0800	0830	0900	0913	0926	0942	0952	1001	1012	1022	1031	1042	1052	1101	1112	1122	1131	1142	1152	1201	
0635	0705	0735	0805	0835	0905	0917	0931	0946	0956	1006	1016	1026	1036	1046	1056	1106	1116	1126	1136	1146	1156	1206	
0640	0710	0740	0810	0840	0910	0922	0936	0951	1001	1011	1021	1031	1041	1051	1101	1111	1121	1131	1141	1151	1201	1211	
0644	0714	0744	0814	0844	0914	0926	0940	0955	1005	1015	1025	1035	1045	1055	1105	1115	1125	1135	1145	1155	1205	1215	
0653	0723	0753	0823	0853	0923	0935	0949	1004	1014	1024	1034	1044	1054	1104	1114	1124	1134	1144	1154	1204	1214	1224	
0659	0729	0759	0829	0859	0929	0941	0955	1010	1020	1030	1040	1050	1100	1110	1120	1130	1140	1150	1200	1210	1220	1230	
▼	▼	▼	▼	▼	▼	▼	0945	0959	1014	1024	1034	1044	1054	1104	1114	1124	1134	1144	1154	1204	1214	1224	1234
0705	0735	0805	0835	0905	0935	▼	1005	▼	1030	1040	▼	1100	1110	▼	1130	1140	▼	1200	1210	▼	1230	1240	
							0959		1028		1058		1128		1158		1228						
							1002		1031		1101		1131		1201		1231						

**Hethersett** West Croft/Park Drive  
**Wymondham** Cross  
**Hethersett** Mill Road/West Croft  
**Hethersett** Coachmaker Way  
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**Cringleford** Church  
**Newmarket Road** Eaton Road  
**City Centre** St Stephens Street  
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**City Centre** Anglia Square  
**Wroxham Road** Police Station  
**Sprowston** Tesco  
**Sprowston Park & Ride**  
**Atlantic Avenue** Overstrand Way  
**Wroxham** Roys  
**Hoveton** Littlewoods Lane

<b>12</b>	<b>11</b>	<b>11A</b>	<b>12</b>	<b>11</b>	<b>11A</b>	<b>12</b>	<b>11</b>	<b>11A</b>	<b>12</b>	<b>11A</b>	<b>12</b>	<b>11A</b>	<b>12</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>
	51		21				1651		1730		1800		1830	1900				2030	2130	2230		
	▼		▼				▼		▼		▼		▼	▼				▼	▼	▼		
	53		23				1653		1732		1802		1832	1902				1948	2031	2131	2231	
	58		28				1658		1737		1807		1837	1907				2006	2036	2136	2236	
1158	08	16	28	38	46	58	1708	1716	1733	1746	1803	1816	1833	1846	1916	1945	2015	2045	2145	2245		
1204	14	22	34	44	52	04	1714	1722	1739	1752	1809	1822	1839	1852	1922	1951	2021	2051	2151	2251		
▼	▼	24	▼	▼	54	▼	▼	1724	▼	1754	▼	1824	▼	1854	1924	1953	2023	2053	2153	2253		
1212	22	31	42	52	01	12	1722	1731	1747	1801	1817	1831	1847	1901	1931	1958	2028	2058	2158	2258		
1216	26	36	46	56	06	16	1726	1736	1751	1806	1821	1836	1851	1906	1936	2002	2032	2102	2202	2302		
1221	31	41	51	01	11	21	1731	1741	1756	1811	1826	1841	1856	1911	1941	2007	2037	2107	2207	2307		
1225	35	45	55	05	15	25	1735	1745	1800	1815	1830	1845	1900	1915	1945	2011	2041	2111	2211	2311		
1234	44	54	04	14	24	34	1744	1754	1809	1824	1839	1854	1909	1922	1952	2018	2048	2118	2218	2318		
1240	50	00	10	20	30	40	1750	1800	1815	1830	1845	1900	1915	1927	1957	2023	2053	2123	2223	2323		
1244	54	04	14	24	34	44	1754	1804	1819	1834	1849	1904	1919	1931	2001	2026	2056	2126	2226	2326		
▼	00	10	▼	30	40	▼	1800	1810	▼	1840	▼	1910	▼	1936	2006	2031	2101	2131	2231	2331		
1258			28		58					1833		1903		1933								
1301			31		01					1836		1906		1936								

**Sundays and public holidays**

**Hethersett** West Croft/Park Drive  
**Hethersett** Mill Road/West Croft  
**Hethersett** Coachmaker Way  
**Norfolk & Norwich Hospital**  
**Cringleford Bus Interchange**  
**Cringleford** Church  
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**Sprowston** Tesco  
**Sprowston Park & Ride**  
**Atlantic Avenue** Overstrand Way

<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>	<b>11A</b>
0730	0856	0926	0956		26	56		1726	1756	1830	1900	1930	2030	2130								
0732	0858	0928	0958		28	58		1728	1758	1831	1901	1931	2031	2131								
0737	0904	0934	1004		34	04		1734	1804	1836	1906	1936	2036	2136								
0745	0915	0945	1015		45	15		1745	1815	1845	1915	1945	2045	2145								
0750	0920	0950	1020		50	20		1750	1820	1850	1920	1950	2050	2150								
0752	0922	0952	1022		52	22		1752	1822	1852	1922	1952	2052	2152								
0800	0930	1000	1030		00	30		1800	1830	1858	1928	1958	2058	2158								
0806	0936	1006	1036		06	36		1806	1836	1902	1932	2002	2102	2202								
0810	0942	1012	1042		12	42		1812	1842	1907	1937	2007	2107	2207								
0814	0946	1016	1046		16	46		1816	1846	1911	1941	2011	2111	2211								
0823	0955	1025	1055		25	55		1825	1855	1918	1948	2018	2118	2218								
0828	1000	1030	1100		30	00		1830	1900	1923	1953	2022	2122	2222								
▼	1004	1034	1104		34	04		1834	1904	1926	1956	2026	2126	2226								
0833	1009	1039	1109		39	09		1839	1909	1931	2001	2031	2131	2231								

 bus times valid from  
**30 March 2025**

**Mousehold Heath | city centre | Eaton Park or Cringleford**
**10 10A**
**Mondays to Saturdays** except public holidays

**Mousehold Street**
**Gertrude Road** Lavengro Road

**Silver Road** Mousehold Street

**City Centre** Anglia Square

**City Centre** Castle Meadow

**City Centre** St Stephens Street

**Eaton** The Cellar House

**Eaton** Norvic Drive

**Eaton Park** Pettus Road

**Cringleford** Intwood Rd/The Loke

**Cringleford** Brettingham Avenue

10	10A	10	10A	10	10A	10	10A	10	10A	10	10A	10	10A	10	10A	10
0655	0733	0813	0853	0933	1013	1053	1133	1213	1253	1333	1413	1453	1533	1613	1653	1733
0700	0740	0820	0900	0940	1020	1100	1140	1220	1300	1340	1420	1500	1540	1620	1700	1740
0705	0745	0825	0905	0945	1025	1105	1145	1225	1305	1345	1425	1505	1545	1625	1705	1745
0711	0751	0831	0911	0951	1031	1111	1151	1231	1311	1351	1431	1511	1551	1631	1711	1751
0720	0800	0840	0920	1000	1040	1120	1200	1240	1320	1400	1440	1520	1600	1640	1720	1800
0723	0803	0843	0923	1003	1043	1123	1203	1243	1323	1403	1443	1523	1603	1643	1723	1803
0733	0813	0853	0933	1013	1053	1133	1213	1253	1333	1413	1453	1533	1613	1653	1733	1813
0735	▼	0855	▼	1015	▼	1135	▼	1255	▼	1415	▼	1535	▼	1655	▼	1815
0742	▼	0902	▼	1022	▼	1142	▼	1302	▼	1422	▼	1542	▼	1702	▼	1820
	0815		0935		1055		1215		1335		1455		1615		1735	
	0820		0940		1100		1220		1340		1500		1620		1740	

 this journey runs  
on Mondays to Fridays only

**Eaton Park or Cringleford | city centre | Mousehold Heath**
**10 10A**
**Mondays to Saturdays** except public holidays

**Cringleford** Intwood Rd/The Loke

**Cringleford** Brettingham Avenue

**Eaton** Norvic Drive

**Eaton Park** Pettus Road

**Eaton** Slip Road

**City Centre** St Stephens Street

**City Centre** Castle Meadow

**City Centre** Anglia Square

**Mousehold Street**
**Gertrude Road** Lavengro Road

**Silver Road** Mousehold Street

10A	10	10A	10	10A	10	10A	10	10A	10	10A	10	10A	10	10A	10	10A
0656		0816		0936		1056		1216		1336		1456		1616		1736
0700		0820		0940		1100		1220		1340		1500		1620		1740
▼	0737	▼	0857	▼	1017	▼	1137	▼	1257	▼	1417	▼	1537	▼	1657	▼
▼	0742	▼	0902	▼	1022	▼	1142	▼	1302	▼	1422	▼	1542	▼	1702	▼
0706	0746	0826	0906	0946	1026	1106	1146	1226	1306	1346	1426	1506	1546	1626	1706	1746
0716	0756	0836	0916	0956	1036	1116	1156	1236	1316	1356	1436	1516	1556	1636	1716	1756
0725	0805	0845	0925	1005	1045	1125	1205	1245	1325	1405	1445	1525	1605	1645	1725	1805
0729	0809	0849	0929	1009	1049	1129	1209	1249	1329	1409	1449	1529	1609	1649	1729	1809
0733	0813	0853	0933	1013	1053	1133	1213	1253	1333	1413	1453	1533	1613	1653	1733	1813
0740	0820	0900	0940	1020	1100	1140	1220	1300	1340	1420	1500	1540	1620	1700	1740	1818
0745	0825	0905	0945	1025	1105	1145	1225	1305	1345	1425	1505	1545	1625	1705	1745	1823

 this journey runs  
on Mondays to Fridays only

 bus times valid from  
30 March 2025

