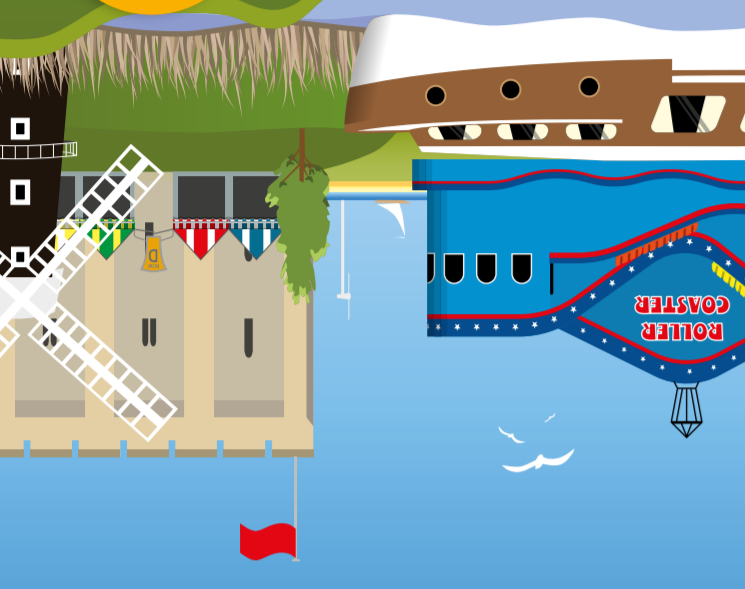


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towns to explore...

Beccles

A superb example of a Georgian market town (market on Fridays) locally known for its unique and interesting shops. A short walk from the town are the Beccles Marsh Trails - three walks through the beautiful, unspoilt Suffolk countryside. Swim at the heated, outdoor Lido; ride across the River Waveney on the Big Dog Ferry to the Geldeston Locks Pub (it's an easy walk back) or hire a boat from Beccles Quay.

visitbeccles.co.uk
coastlink x2/x21/x22

Bungay

Bungay's quaint town centre is full of small independent shops and cafes, as well as the ruins of Bigod's Castle dating from 1165 that sits just behind the main shopping street. Ideal for a spot of lunch, it's also an excellent place to head out on a walk of the picturesque Waveney Valley and its watermeadows - well marked circular trails start and end in the town.

bungay-suffolk.co.uk

Dereham

Dereham is a traditional market town with weekly markets on Tuesdays and Fridays. See the thatched Bishop Bonner's Cottage, dating from 1502 and now housing a museum; the beautifully restored Dereham Windmill with its coffee shop or visit the Mid Norfolk Railway.

excel A B D

Fakenham

Fakenham has one of the best and busiest markets that occupies much of the attractive town centre every Thursday morning. Don't miss begging a bargain in the local chocolate factory shop; visit the Fakenham Museum of Gas & Local History - the only surviving town gasworks in the country or see craftsmen at work at Langham Glass.

fakenhamgasmuseum.com
YELLOW LINE

Loddon

Loddon is the gateway to the Southern Broads, one of Britain's National Parks, and is an ideal place for setting out on a number of walks with several great spots for birdwatching along the way. This small, quaint town boasts a number of public houses and restaurants and plays host to a weekly country market, and a twice monthly farmer's market.

loddon.org.uk

Wroxham

The twin villages of Wroxham and Hoveton sit either side of the River Bure and are regarded as the capital of the Norfolk Broads. With the family-owned Roys department store at its heart, this is a great place for setting out by boat to explore the broads - grab a seat on a tour boat or hire a smaller craft yourself; or just enjoy lunch by the river.

Wymondham

With its iconic 17th century Market Cross still standing in the fascinating historic town centre, Wymondham is home to the 900 year old Wymondham Abbey - just a couple of minutes walk from a wealth of shops, cafes, restaurants and pubs, including the famous 15th century Green Dragon. There are walking trails, a market every Friday morning, the Station Bistro and the southern terminus of the Mid Norfolk Railway.

GREEN LINE
TURQUOISE LINE

Norwich...a fine city

visitnorwich.co.uk

sun, sand and sea...

Great Yarmouth

The east coast's premier seaside resort, Yarmouth is ideal for a fun-packed day out; from the town centre's historic market with its renowned collection of chip stalls, to the Golden Mile with its two piers, gardens, cafes and numerous adventure golf courses. A visit to the Pleasure Beach with its wooden rollercoaster is a must; whilst Joyland has rides for younger children.

great-yarmouth.co.uk

Caister Castle & Motor Museum

Dating from 1432 the 90-foot tower remains intact - a climb to the top offers a magnificent view of the castle ruins and the surrounding countryside, while the motor museum houses over 120 fine and rare veteran, vintage, classic, sports and touring cars and motorcycles.

caistercastle.co.uk

Gorleston

Set below cliff gardens, the beach is a firm favourite for lazy days in the sun. There's a large paddling pool and yacht pond, tennis courts and a trim-trail on the cliff top with views of the beach, pier and Edwardian theatre. Enjoy the amusements, or the restaurants, pubs and cafes in the town.

Coastal Clipper 11A, 8

Hemsby

A short walk from Hemsby village, the beach area is great for families with soft sand, dunes, amusements and traditional seaside cafes. You'll find ten-pin bowling, Lost World adventure golf and MB's Funhouse indoor play area with its slides, cargo nets and ball pits - great for when it's wet.

Coastal Clipper 11A, Clipper Cabriolet 1

Caister on Sea

This popular seaside resort is steeped in history, not least with the remains of a Roman fort built in 200AD. It's a great place to enjoy the picturesque and family-friendly coastline and is also an ideal location to fly a kite from the beach!

Coastal Clipper 11A, Clipper Cabriolet 1, 8

Lowestoft

Famous for being the first place to see the sun in the UK, the award winning beach is a favourite with families or enjoying a stroll along the prom or through the Victorian seafront gardens.

visitlowestoft.co.uk

One of the coast's best places to 'do lunch', there are great cafes & tearooms to enjoy delicious, homemade food overlooking the sea. Head up into the historic High Street and explore The Scores trail, enjoy a walk through the Sparrows Nest Gardens or visit the Maritime Museum to learn about the town's long history with the sea.

coastlink x1, coastlink x2/x21/x22, Coastal Clipper 11A, Coastal Clipper 99

Southwold

Charming and famous seaside town, the working lighthouse, beach huts, award-winning pier, Adams Brewery, busy harbour and sandy beach combine to make Southwold a quintessentially English resort. There's a host of fascinating, traditional shops, cafes and pubs - all serving local Adams ales.

You can venture across the River Blyth by foot ferry to the tiny fishing village of Walberswick, perhaps crossing back by the footbridge built along the trackbed of the old Southwold Railway.

visitsouthwold.co.uk

Norwich...a fine city

With a fascinating blend of modern sophistication and historic interest, Norwich has something for everyone, from its famous castle and cathedral to its popular market sitting alongside shops from all major national chains. In the Norwich Lanes you can explore a vast selection of unique independent retailers, or head down to the water for a walk along the River Wensum which meanders through the city.

Once famous for having a pub for every day of the year, the city boasts an enviable selection of independent free houses well worth exploring. Famed for its 'foodie' scene, Norwich has a choice of eating places second to none as well as bowling, fun and leisure facilities of all kinds.

things to see & do...

Africa Alive

An unforgettable day out for animal lovers with African species including giraffes, meerkats, hunting dogs, rhinos and more. Enjoy a bird's eye view of the magnificent lions from 'Lookout Lodge', visit 'Lemur Encounters' or jump on the Safari Roadtrain around the Park.

africa-alive.co.uk

Pleasurewood Hills

Visit the home of Wipeout...the tallest, fastest and most extreme roller coaster in the East of England! Get soaked on Timber Falls log flume, ride the traditional carousel, climb aboard the pirate ship or simply relax and be entertained by The Sea Lions or Playful Parrots.

pleasurewoodhills.com

Wroxham Miniature Worlds

The largest indoor modelling attraction in the UK with some of the largest model railways in the world. You'll find slot car displays, a city made from Lego, model boats and a host of toys from across the decades.

wroxhamminiatureworlds.co.uk

Great Yarmouth Pleasure Beach

A amazing fun for all the family. From white knuckle rides to traditional fairground attractions and the famous wooden coaster, there's truly something for everyone.

pleasure-beach.co.uk

Pensthorpe Natural Park

Perfect for families, bird watchers, wildlife enthusiasts and garden lovers, explore woodland walks and lakes, four stunning gardens, outdoor and indoor adventure playgrounds for all ages!

pensthorpe.com

East Anglia Transport Museum

The only museum in the British Isles where visitors can ride on vintage trams, trolleybuses and a light railway in the same day, explore the large collection of historic vehicles of all types including buses, cars, taxis and steam rollers.

easttransportmuseum.co.uk

Mid Norfolk Railway

Ride through the Norfolk countryside aboard a preserved diesel or steam hauled train or a heritage diesel railcar. The station at Dereham has a cafe, shop and small museum whilst Wymondham Abbey station is a 10 minute walk into town.

mnr.org.uk

Bure Valley Railway

Experience an 18-mile round trip by steam on Norfolk's longest narrow gauge railway through the pretty Bure Valley countryside. You can hop off and explore by foot and there's a parallel footpath along the length of the line.

bvrr.org.uk

the great outdoors...

Winterton Beach

The unspoilt beach and dunes are a great place to explore the natural beauty of the Norfolk coast. It's home to all sorts of wildlife including the famous seal colony.

wintertonseaside.co.uk

Carlton Marshes

Carlton Marshes is managed by the Suffolk Wildlife Trust and is home to flower-studded marshes grazed by cattle and a paradise for a whole host of bird, animal and plant life!

suffolkwildlifetrust.org.uk

Foxley Wood

Enjoy a walk through Norfolk's largest remaining ancient woodland, famous for its bluebells in spring and many species of wild flowers. It's also home to birds and butterflies and you might even spot an owl.

norfolkwildlifetrust.org.uk

Strumpshaw Fen

Set in the wild and beautiful Yare Valley, this enchanting RSPB nature reserve has 8km of nature trails to stroll through reedbeds, pools, meadows and woodlands. Borrow nets and magnifying pots for pond dipping or binoculars to spot the marsh harriers and bitterns.

rsbp.org.uk

Beccles Marshes

Just outside of the town, Beccles Marshes are home to a number of well marked trails through typical broadland grazing marshes which contain a wonderful variety of water plants and insect life.

rsbp.org.uk

Whitlingham Country Park

Set around Whitlingham Broad, it's a great place for a walk, a picnic, or lunch in the restored flint barn cafe. Take to the water onboard the electric craft Ra, or check out the onsite watersports centre.

whitlinghamcountrypark.com

parks and gardens...

Plantation Garden

Cared for by volunteers, this three-acre heritage garden is a haven of peace and tranquility with an impressive gothic fountain, flower beds, lawns, Italianate terrace, 'Medieval' terrace wall, woodland walkways and rustic bridge.

plantationgarden.co.uk

Nicholas Everitt Park

Located in Oulton Broad the park is surrounded by stunning gardens with views over the broads. There's a playground for all ages, a boating lake, trampolines, crazy golf and the open space is ideal for family picnics or to enjoy ball games. The park is also home to Lowestoft Museum and Pets Corner Farm Park.

Hoveton Hall Gardens

An easy 30 minute walk from Wroxham, these gardens are part of the Hoveton Hall Estate and offer a walled garden planted with mainly herbaceous plants, a kitchen garden, a water garden and a woodland garden with rhododendrons and azaleas.

hovetonhallestate.co.uk

Raveningham Hall Gardens

Situated just over a mile walk along country lanes from the main Norwich to Beccles road, the Edwardian gardens include herbaceous and mixed borders, wildflower meadows, rolling meadows and walled Victorian kitchen garden. It also offers a cafe.

raveningham.com

Eaton Park

With over 80 acres of things to see and do, Eaton Park is one of Norwich's most beautiful historic parks. There's adventure golf, a putting green, 18-hole pitch and putt course, a miniature railway (operates most Sundays), playgrounds, boating lake, sports pitches and a popular cafe offering drinks, cakes and lunches.

explore

Norfolk & North Suffolk by bus

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Whether you're on holiday, enjoying a weekend break or you live here all year round, the Norfolk & North Suffolk area has loads to see and do, whatever your age and interests or whatever the weather or time of year. And what better way to enjoy a great day out than to go by bus with First Eastern Counties. We run more buses to more places than any other operator in the area, and most of our services are very frequent too. There's even a bus up to every 15 minutes between the city and the east coast all year round. To help you to get out and about, we've used our knowledge and experience of our local area to put together this guide for some places to visit and things to do that you can get to by bus. Once you've decided where you'd like to go, just head over to our website to find maps, timetables and a journey planner that will get you on your way - or you can download our free First Bus App. This way you'll find our ideas for some of the best places to go and explore.

firstbus.co.uk/easterncounties

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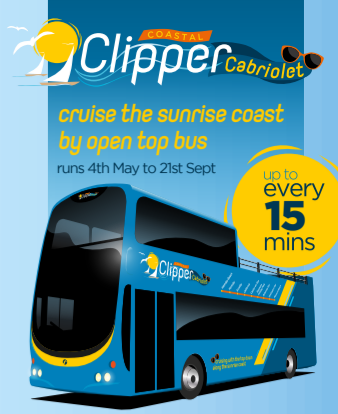
*max 2 adults aged 20+

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why wait until it's late? concession pass holders travel at young person single fares from 0830 to 0930 on weekdays.

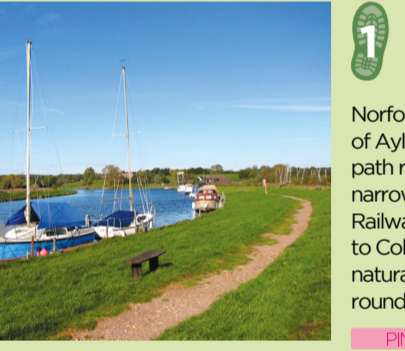
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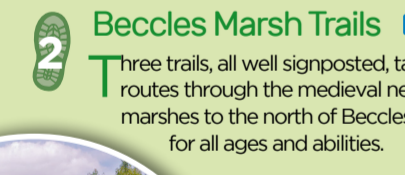


take a walk on the wild side...

With the advantage of being mainly flat, there's some great walks to try across the area.



1 Bure Valley Path
Linking Wroxham with the North Norfolk market town of Aylsham, this 9 mile path runs along the narrow-gauge Bure Valley Railway, or try Wroxham to Coltishall (with lunch, naturally) - approx 6 miles round trip.



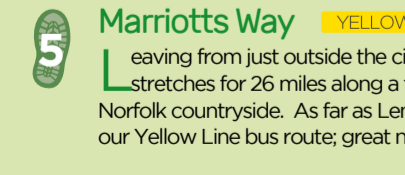
2 Beccles Marsh Trails
Three trails, all well signposted, take various routes through the medieval network of marshes to the north of Beccles Quay, great for all ages and abilities.



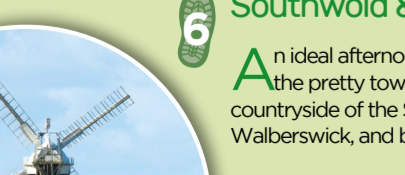
3 Bath Hills Walk
These lovely hills are steeped in history and provide an easy 5.5 mile circular walk linking Bungay with the village of Earsham, with some great views over the watermeadows of the Waveney Valley.



4 Bungay to Beccles
Part of the 93-mile long Angles Way, this attractive route follows the Waveney Valley between these two market towns. You can even stop off at the Geldeston Locks Inn (check opening) on the way.



5 Marriotts Way
Leaving from just outside the city centre, this easy walking route stretches for 26 miles along a former railway line through the peaceful Norfolk countryside. As far as Lenwade, the path largely runs adjacent to our Yellow Line bus route; great news for tired legs.



6 Southwold & Walberswick
An ideal afternoon stroll, this walk takes you from the pretty town centre into the wild, unspoilt countryside of the Suffolk Coast to the tiny fishing village of Walberswick, and back through the busy harbour.



7 Burgh Castle to Gt Yarmouth
Travel to Burgh Castle by bus, and explore the ruins of the 3rd century 'Saxon Shore' fort before heading off along the banks of Breydon Water to enjoy spectacular views of the Broads National Park.

fancy a pint?
some bus-friendly places to try

- 1 The Brewery Tap** Sprowston Rd, Norwich
Fat Cat ales plus the best range of cask & keg in the city
- 2 The Coach & Horses** Thorpe Road, Norwich
Great beer & food - home of Chalk Hill Brewery
- 3 The Geldeston Locks** near Beccles
Community-owned riverside pub - food served
- 4 Redwell Brewery Taproom** Trowse
Open weekends, amazing keg beers and pizza
- 5 The Green Dragon** Bungay
A great traditional pub with home brewed beer
- 6 The Cap** Harleston
Modern beers in varied styles from Ampersand brewery
- 7 The Swan** Loddon
Locally sourced ales and food in the town centre
- 8 The Stanford Arms** Stanford Street, Lowestoft
Probably the best range of ale & craft beers on the coast
- 9 The Tap Room at The Swan** Southwold
12+ Adnams Ales on tap alongside locally sourced food
- 10 The Blackfriars Tavern** Great Yarmouth
CAMRA award-winning pub with good ale selection



ready to explore?...

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